



NEW HEART BEAT DEVOTIONS

*“The difference between man’s self-willed New Year’s resolutions and God’s Biblical principles is that God gives man both the **will** and the **power** to do and keep on doing.”*

New Year’s Changes That Will Last

My wife and young son were at the first white rose drop from the Yorktowne Hotel to welcome in the new year. (People drop many strange things for New Year’s Eve including shoes, cigars, bologna, pickles, wrenches and even a goat. Over 20 different items are drop within 60 miles of York PA. per [Wikipedia](#).) We were in the front of the crowd for that first event and got our picture placed on the front page of the local newspaper. Many years before that, there was something really new and exciting for my mother, father and me on New Year’s Day. It was a life changing happening that has and will affect many people now and for eternity. It was the birth of my sister Karen, the New Year’s Day baby.

People celebrate the coming of the new year in many ways. However, everyone has the same reason for celebrating: they are glad the previous year is over and hoping for things to be better in the coming year. About 40% of people make New Year’s resolutions to improve health, wealth, career, behavior, and more. (Did you know that the Romans began each year by making promises to the god Janus, for whom the month of January is named?) A 2007 study, done by [Richard Wiseman](#), showed that out of 3,000 people, 88% of those failed to keep their New Year’s resolutions. It was found that people often lose their self-will power if they do not have someone encouraging them and be accountable to. I know someone who made 10 resolutions with one stating to keep at least half of the 10.

Here are New Year’s changes for you that will last past the New Year and into eternity:

New birth: “Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.” 2 Cor. 5:17

New goals: “But lay up for yourselves treasures in heaven, where neither moth nor rust doth corrupt, and where thieves do not break through nor steal.” Matt 6:20

New priorities: “But seek ye first the kingdom of God, and His righteousness; and all these things shall be added unto you.” Matt 6:33

New power: “I can do all things through Christ which strengthen me.” Phil 4:13

New trust: “Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge Him, and He shall direct thy paths.” Prov 3:5, 6

New fellowship: “Confess your faults one to another, and pray one for another, that ye may be healed. The effectual fervent prayer of a righteous man availeth much.” James 5:16

New friend: “For He (Jesus) hath said, I will never leave thee, nor forsake thee.” Heb 13:5

New promise: “Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you.” Matt 7:7



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*“For it is God which worketh in you **both** to **will** and to **do** of His good pleasure.” Phil 2:13*



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