



NEW HEART BEAT DEVOTIONS

“Even the healthy are born with a bad heart.” Charles Stambaugh

Heart Problem

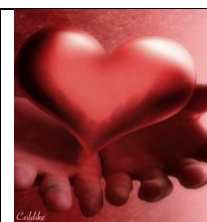
My wife was recently diagnosed with AFib. “AFib is the most common type of irregular heartbeat that often causes the heart to beat too quickly. It is estimated that by 2030, approximately 12 million people in the U.S. will have AFib.”¹ She had an [electric cardioversion](#) that seems to put her heart back to the correct rhythm. Like most people, she was unaware that she had a problem.

I have a third degree or total heart block. “In this type of block, electrical signals don't pass from the atria to the ventricles at all for periods of time. There is a complete failure of electrical conduction. This can result in no pulse or a very slow pulse if a backup heart rate is not present.”² “It is estimated that 5-10% of people who are over 70 years of age, and have a history of heart disease, will develop a third-degree heart block.”³ I had a pacemaker now for 8 years.

- *“Coronary artery disease (CAD) – The arteries that bring blood to the heart become clogged, reducing blood flow. If the heart does not get enough blood, the heart muscle may be damaged over time. If an artery is totally blocked, a heart attack may occur.*
- *Heart valve problems – One or more of the heart's four valves does not work effectively. This makes the heart work harder and can cause heart failure, stroke and other problems.*
- *Weak heart muscles (cardiomyopathy) – The heart is unable to pump blood effectively because the heart muscle is weak, stiff or stretched.*
- *Irregular heartbeat (arrhythmias) – The heart may beat too fast, too slow, or it may beat erratically. When this happens, the heart can't pump blood effectively.*
- *Congenital heart defects – The heart has a defect that is present at birth.”⁴*

I recently attended at my father's memorial service. Many were older than I. One person talked to me about their heart problems. Another person told me they almost died with a failing heart. Then my uncle told me that he will be the next to pass from a bad heart. Yes, everyone there had or will have a heart problem. Everyone's heart will stop someday.

“Wherefore, as by one man sin entered into the world, and death by sin; and so death passed upon all men, for that all have sinned” Rom 5:12 “There is none righteous, no, not one.” Rom 3:10 “For out of the heart proceed evil thoughts, murders, adulteries, fornications, thefts, false witness, blasphemies” Matt 15:19 “A new heart also will I give you, and a new spirit will I put within you: and I will take away the stony heart out of your flesh, and I will give you a heart of flesh.” Ezk 26:36 “That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved.” Rom 10:9 “Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind.” Matt 22:37



Charles Stambaugh

“Heart disease is the leading cause of death in the United States. One person dies every 36 seconds in the United States from cardiovascular disease.”⁵

What is your heart's physical and spiritual condition?




1 notimetowait.com/afib-explained?cid=sem_1520767&gclid=62b2475bfe001d9cda6e25f07d532f8a&gclidsrc=3p.ds

2 cedars-sinai.org/health-library/diseases-and-conditions/h/heart-block.html

3 nhsinform.scot/illnesses-and-conditions/heart-and-blood-vessels/conditions/heart-block

4 allinahealth.org/healthysetgo/heal/the-many-forms-of-heart-disease

5 cdc.gov/heartdisease/facts.htm

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